



Understanding the Card Structure

— Major Arcana Cards: There are 22 Major Arcana Cards numbered from 0 to 21. They represent the main themes or spiritual lessons that are playing out in your life, the life of the person being read at that moment, or the time frame being discussed. These cards contain strong archetypal figures, yet some of them are meant to depict the qualities of an individual. (Please note that the first card — 0, New Beginnings — is the only card that's numbered zero in the deck. Like the circular shape of a zero, it symbolizes that life is a never-ending journey.)

— Minor Arcana Cards: The Minor Arcana Cards are composed of 36 cards that are divided into four categories: physical, emotions, mental, and spirit. Each section has nine cards numbered from 1 to 9. They're more representative of daily life and will describe how an individual reacts to a certain situation, the emotions involved with it, what's currently happening in the person's life, or for the time period in question. These cards are helpful in giving direction on how to proceed and move forward.

- Physical (surrounded by a red border): Representing business, finances, money, prosperity, earthly possessions, material gain or loss, and security

- Emotions (surrounded by a green border): Representing relationships of the heart, feelings, desires, emotions, love, and joy

- Mental (surrounded by an indigo border): Representing communication, thoughts, ideas, intellect, and the workings of the mind; as well as obstacles, difficulties, decisions, and power

- Spirit (surrounded by a violet border): Representing the spark of life, inspiration, spiritual force and principles, aspirations, willpower, and passion

— Chakra Cards: The chakras are the energy centers of the body, and I often refer to them as our “spiritual batteries.” *Chakra* is a Sanskrit word meaning “wheel.” Our anatomy is a complex piece of engineering served by a network of etheric wiring through which energy flows. The chakras are the organizing centers that act as both reception and transmission points for psychic information and life energies (chi/prana), which are essential for the well-being of our body, mind, and spiritual development. Although there are many of these points throughout the body, for this deck I've focused on the main seven.

If one of the Chakra Cards is drawn, it's a reminder to be aware of that particular energy center and the qualities it represents, and apply that information accordingly to the reading of the cards or spread. You may well want to ask yourself: *Is this chakra (energy center) being affected by what's going on in my life?*

