Each and every journey begins with the all-important first step. When this card presents itself in your reading, it’s confirming that it’s time for you to take a brave leap of faith — but be prepared as you do so. This card represents that a great new adventure is awaiting you. It usually shows up when there’s a significant inner change happening within you. By selecting this card, it’s a sign that those important choices are needed and are about to be made and should be carefully pondered as you proceed with wisdom, thought, and care.

Life is constantly trying to nudge and move you forward. At times, it can be daunting when you’re faced with a new adventure or direction; therefore, it calls for inner belief and courage as you take that leap of faith and step into the unknown. During this time, don’t be alarmed if you feel lost or even confused. Most people are afraid of change and play it safe by staying where they are. Know that through inner guidance, wisdom, and a belief in yourself—and by tapping into these tools—you’ll be propelled forward on a positive, life-changing path.

Don’t conform to what society or other individuals expect of you at this time. It’s your own adventure. During this time, be like an innocent child with fresh eyes; and give yourself permission to live, play, love, and, above all, laugh.

Traditional tarot archetype:
The Fool

This card is one of the key reminders that you already possess all of
the tools to guide and direct you
in your life. Whether it’s wisdom, intuition, psychic skill, creativity, self-motivation, love, willpower, physical ability, or just pure courage, they’re all part of you. Once you learn to tap into and use them, you’ll be amazed by the power and effect they can have. You have the ability to allow the Universe to work in

partnership with you. Together, you can manifest change, whatever the desire may be, and bring about a positive outcome.

This card represents your ability to create your own reality — to set ideas into motion and watch them

grow. This card is often drawn when you’re ready to switch direction, start a new project, or change careers. Now is the time to use positive thoughts, visualizations, and affirmations as you veer away from negativity.

Knowledge is power and can lead to success. By having faith, keeping your willpower strong and directed, and by tapping into the tools that you possess — as well as calling on the magic from the Universe — you can accomplish anything and everything you set out to do.

Traditional tarot archetype:
The Magician

Intuition is the language of the soul. When this card shows up
in a reading, it’s a clear message that it’s time for you to use your intuition. Just give it a chance and you’ll quickly notice how it might be trying to get your attention. With so much information in this world vying for your every thought, it’s easy to ignore or fail to acknowledge your insights.

Synchronicities and so-called coincidences are powerful signs that intuition is knocking on your door. Have you heard a phrase or saying repeated by more than one person today? Do the same numbers
keep showing up in your life? Has someone mentioned the name of a

specific individual whom you were just thinking of? These are all signals for you to pause, be open, and pay attention.

This is a perfect time to seek the answers from within. Turn inward, where you’ll find the solutions and valuable insights that are waiting to assist you. When you learn to use and trust your intuition, you’ll begin to have a sense of not only the right timing, but you’ll also begin to perceive people and situations with a deeper and more discerning eye. You’ll not only observe beneath and beyond what’s actually in front of you — you’ll see the real deal!

Traditional tarot archetype:
The High Priestess

Through this card, the manifestation of growth is on the horizon. You’re the creator, and the seeds that have been planted in the past — whether they were happiness, comfort, abundance, prosperity, family, children, ideas, or even thoughts — are now ready to give birth into your world. Be patient as you watch your seeds take root and grow. Nurture them as they become strong and healthy.

Open yourself to the life force
of the Universe. This card also represents femininity and Mother Earth, who is calling to you. The arms of her beauty are reaching out; she wants to embrace you on her seashores, mountains, forests, and gardens — go to her and meet her halfway. Acknowledge that the same energy that makes up the heavens, earth, plants, animals, and mineral kingdom is also part of you. Start nurturing yourself, and infuse your soul with love and compassion. Soon others will see and feel your devotion.

As you interact with others around you now, or even if you’re in the midst of solving a problem, use gentle care and kindness as you handle such situations. This isn’t a time for you to be inconsiderate, possessive, domineering, forceful, or pushy. Act from the loving space of your heart center. The benevolent energy that resides there will assist you in making sacrifices in order to care for and help others, as well as yourself.

Traditional tarot archetype:
The Empress

This card represents the masculine qualities of leadership, logic, strength, wisdom, and power. When this card emerges, it acts as a teaching tool; and in so doing, it is encouraging you to develop or reignite these qualities and tap into the masculine aspects of yourself. Other traits also included are good reasoning and problem-solving skills, being grounded, and learning to develop strong mental control over free-reining emotions.

Oftentimes, this card appears to symbolize a father figure, or an individual of wise authority who may be present in your life. It could be someone of high influence in business, or a prudent friend who uses logic and reason to create
a positive outcome. Ask yourself whether it’s time to take on and

emulate similar qualities.

Now is when you must act like
a leader and exert your will by incorporating form and structure into ideas, plans, and foundations. It’s time to stop talking and act in order to achieve what you must. Use the qualities and character
of the Authority Card so that when you need to make a choice, you approach it from a place of wisdom, rationality, logic, and grace rather than one of foolishness, belligerence, greed, or self-centeredness. The way in which you acquire, handle, and wield power and authority is now being tested.

Traditional tarot archetype:
The Emperor

When the student is ready, the teacher will appear. This card illustrates that there’s a spiritual teacher who’s about to influence you or step into your life to impart his or her wisdom. Look around — is there someone in your life who has the acumen, education, knowledge, and ability to integrate spirituality and its laws into the constraints

of the physical world? This could be a compassionate person who offers guidance and inspiration, and reminds you that you’re so much more than a physical being — you’re also a spiritual being with unlimited potential.

You may have also drawn this card to confirm that it’s time to reach out and find an organization or group of like-minded souls. Being part of a group where you can be yourself, share your thoughts, and get valuable feedback can infuse you and encourage you to be all that you can be. Kindred support helps you live life to your highest ideals, finding the true inspiration and enlightenment that’s part of your soul.

Over time, the student often becomes the teacher, so don’t be surprised when others seek out and find you. This card of wisdom is letting you know that you have so much to share — whether you realize it or not.

Traditional tarot archetype:
The Hierophant

This card signifies the possibility that a deep spiritual initiation, partnership, or union is taking place at this time or is manifesting for the future. This doesn’t always necessarily represent a love affair of the heart, but could signify other forms of relationships in your
life — whether they’re personal or business related. Remember, not all partnerships have to be one to one. They can be forged with a group, an organization, a pet, or even an incident or situation.

The Harmony Card is calling to
let you know that it’s time for
you to make choices in certain relationships. The bonds you form with others are really about you — even in the most difficult situations. They’re meant to be mirrors for you, always reflecting back what you need to see.

Ask yourself: What am I learning from this relationship? What new qualities am I developing? Is this partnership for my highest good? How can I make it stronger? Are we teaching each other? What have I discovered or am still uncovering about myself through this union? Are the people in my life empowering and encouraging me to be all that I can? Within every relationship, there’s an encoded lesson that you’ve hopefully gleaned or, in some cases, one that you still need to learn.

Traditional tarot archetype:
The Lovers

The power of your soul is pushing and nudging you steadily forward. Whether you’re setting new goals, developing ideas, or planning
a journey, it’s essential that it’s carefully thought out. When you tap into your inner guidance and balance it with self-control, hard work, and perseverance, it’s likely to manifest a triumphant outcome. It’s time for you to be single-minded and focused on the end goal. Visualize the successful results as if it were happening right now. When you’ve achieved what you set out to do, your ability to meet other life challenges will be significantly increased.

When you try to move forward without balance, direction, or guidance, it’s easy to slip off your intended path and be drawn away from your desired goal. Now is not the time to let go or allow the river of life to pull you in its current, as you can so easily lose control. Grab your oars, grip them tightly, and steer carefully toward your highest aim or destination.

The Triumph Card reminds you that you don’t have to be alone with all of life’s ups and downs and the challenges that face you. This is a time to tap into the powerful knowledge of others, as well as to use the inner resources that are

within you.

Traditional tarot archetype:
The Chariot

As a spiritual being, you have unlimited power at your command. This card represents inner strength, willpower, courage, compassion, generosity, and love. At any moment, these beautiful qualities can assist you in coping with an adverse condition in front of you, or the many surrounding your life. Set aside the necessary time to resolve such issues. Power represents more than physical, external strength; it can also be channeled emotionally, mentally, and spiritually. When you have balance over body, mind, and soul — and with the power of spirit — anything can be overcome to achieve a positive result.

Power and strength can be developed to work in harmony in any given situation. Every obstacle, every error helps build your knowledge and understanding of the world around you. When you make a mistake, it’s a chance for you to stop, listen, and ask yourself: What am I supposed to be learning here, and how can I make this situation better? Mistakes are great wake-up calls, in that they provide you with opportunities to discover your weaknesses, what needs to be changed, and which areas of your life need improving. Equally, they can be blessings in disguise. Just remember: You are power!

Traditional tarot archetype: Strength

Stop! Your soul is calling out and needs to be honored and heard. The answers you seek aren’t necessarily found in the outer world. The time has come for you to step back and withdraw from outside commotion. The Solitude Card is
a reminder of how important it is to pause, still the mind, meditate, reflect, reevaluate, and discover the wisdom and answers within the

very soul of your being. When you become more aware of your soul and heart, you strengthen the link to the Divine Source; and you’re able to once again remember your true perfection. Meet your soul halfway and schedule some alone time
to commune with your soul and also to give the power of spirit the opportunity to reinvigorate you with life force and vitality.

Conserve your energy and deal with one thing at a time as you follow the prompts from within. When it comes to moments of quiet, inner solitude, it really isn’t about quantity; it’s the quality that counts. The soul constantly draws to itself what it needs in order to

learn and grow. For example, during this period, someone may step into your life and by sharing his or her own experiences, you may receive helpful insight and wisdom into your
own.

Traditional tarot archetype:
The Hermit

Good luck and fortune are now
in your favor. A cycle of change, success, and growth is imminent. Life ebbs and flows in its natural journey, and the Destiny Card signifies that good karma has come full circle — Lady Luck is pointing directly at you. What you sowed, you’re about to reap. Open up your heart, and accept and receive what you’ve earned. Opportunities, whether expected or unexpected, are knocking at your door.

This is a time to allow your problems to be replaced by solutions. Believe in destiny as you learn to let go of old issues. You’re being given the chance to understand the lessons

and gain the wisdom from the past, enabling you to move steadily forward in a positive direction. Holding on to a strong belief that you deserve to be happy and prosperous and have abundance in all areas of your life is the key. This confident mind-set will show you that the impossible can indeed become the possible. With this card, take advantage of all opportunities! Act now, take responsibility for your actions, and enjoy the fact that destiny is presently in your favor. Don’t always rely on luck, however, for the wheel most definitely will turn again.

Traditional tarot archetype:
Wheel of Fortune

This card represents the need for balance and harmony with your inner life, as well as with what’s surrounding you in the physical world. This denotes that some lifestyle adjustments are required at this time. It could be associated with love, relationships, business, or even your career.

The Balance Card is also being shown to you to make you realize that what you perceive to be happening around you is really an externalization of an inner process or conflict that you may be currently experiencing. This card will often appear if you work in the legal field or when you’re involved in law-related matters. Have faith that justice will triumph, as justice and karma go hand in hand. Take only what you’ve earned, treat people fairly, and don’t take advantage of anyone — this is all part of living a balanced, karmic life.

When determining something, there must be a state of balance — emotionally, mentally, physically, and spiritually — so that you can make rational decisions and logical judgments. This is a time to be honest and caring and responsible for the choices that you’ve made as well as the ones that will be made in the future.

Traditional tarot archetype:
Justicea

Powerful achievements are usually born as a result of great sacrifice. This card represents self-sacrifice and a time when you should look around your life to see what needs to be released. By surrendering and letting go, there will be more room to receive. The rewards for this are transformation, wisdom, gratitude, and enlightenment.

This card signifies that there’s a situation happening (or about to occur) in your life, and you can’t control the outcome. This would be a good moment to pause,
rest, have patience, reflect, and meditate. It would be wise to stand back so you can learn to look at events with a more understanding, intuitive eye. Try to view people, issues, or problems from a different perspective. If you can achieve this, it will have a profound effect on your soul and your life.

The Sacrifice Card can also symbolize a period of transition and change. The solutions you seek may be slow in coming, for it could be necessary to live into the answers. Accept the things that you can’t control, heal and leave the past behind, move toward your future, and watch for new doors opening and paths that are being shown to you.

Traditional tarot archetype:
The Hanged Man

A time of endings is close at hand. Don’t resist the abrupt changes that are suddenly happening in your life. These could be taking place in your personal life, relationships, business, or career. You have the strength, as the Transformation Card asks you to have courage and to know that renewal follows every conclusion. This card comes forth to remind you that the death of an old way of thinking and believing must occur before you can move forward on your new path.

Transformation is all about the
ebb and flow of life cycles. Nothing in this life remains motionless; everything is on its way to somewhere. Accept the changes, and opportunity will come to expand you in more ways than you could have ever imagined!

You can’t live in the past — it’s time to move on. In order to take the next positive step, you should look closely at your own life and ask yourself: Are there loose ends that need to be tied up? Are there people in my life whom I need to express myself to? What needs to be completed so I can have a fresh start? When you do so, you’ll have a stronger, more reinforced foundation to carry you through the new beginnings that await you.

Traditional tarot archetype:
Death

This card signifies the need for patience, self-control, adjustment, moderation, and balance when dealing with others, as well as yourself. This could be in the areas of how you think and work; and how you handle school, recreation, the people in your life, or the spiritual path that’s set before you.

As a soul, you have more than one aspect of yourself to draw on for support — it’s all about integration and learning to blend and balance both the physical and the spiritual. You’re an ethereal being in a physical body enjoying a human experience. Therefore, since you’re both, you should honor all of you. If you go through life denying yourself the joy of combining these aspects, you’re missing out on so much of what the world has to offer. Why accept a life that’s half lived?

The Patience Card reminds you to open your heart and mind; and allow yourself to listen to other people’s ideas, thoughts, and perspectives. Blissful harmony can be achieved when everyone learns to work as one — all benefit. Listening, sharing, and reaching out will help you renew your faith in yourself and humankind. You’ll become more aware of the miracles around you as well as the ones that you have a hand in creating.

Traditional tarot archetype: Temperance

Through this card, addictions and self-limiting behaviors are being addressed. This is a time when you or someone else in your life may be placing too much emphasis on the material physical world and its pleasures.

Even though we’re all born connected to the Divine Source, we have a tendency to pull away from what was once natural. When we become disconnected from spirit, the source that once nourished us, it’s often replaced with a different supply or substitute. In other words, the connection is then forged with food, alcohol, nicotine, codependency to someone, or even work — hence, the term workaholic. Many of us spend our lives trying to fill the void that was created when the link to the Divine was broken.

The Temptation Card is calling you to take a hard look at life and ask

yourself: Where in my life am I suffering from addictive behavior? Is there negative thinking or behavior that’s causing the life force to seep out of my soul? Are the people and relationships in my life giving me energy, or are they draining it?

Learn to embrace your fears and all of your doubts so that every situation in your life becomes a learning experience. Gaining the knowledge that the physical world teaches will help you transcend to a higher spiritual awareness.

Traditional tarot archetype:
The Devil

A sudden, usually unforeseen, disruption or major change is happening or is about to take place. Even if it appears to be a negative experience, it can lead to enlightenment or a total shift in your lifestyle. In traditional tarot meanings, this card represents the “falling tower” that eventually crumbles due to its weak

foundation. Whichever part of your life you focus on, this is an opportunity to rebuild with a solid, positive structure to make you or the situation even stronger.

There are times when the most difficult situations arise in your life. If you choose to, they can act as a catalyst to heal other areas. They’re beneficial because they’re truly your greatest teachers. Learn from past mistakes, accept them, and integrate them into your life as stepping-stones.

To be forewarned is to be forearmed. This Disruption Card is a reminder that negative thinking, limiting beliefs, ignoring problematic situations, and risky or careless lifestyles must be addressed so that positive changes can take place. Life has a habit of moving you forward whether you’re ready or not. Transformation of body, mind, and soul can happen if you view this dramatic time or change as an opportunity for growth. In the future, you may look back and be thankful for this opportunity.

Traditional tarot archetype:
The Tower

This is a card that focuses on the qualities of hope, faith, healing, aspirations, success, and, finally, enlightenment. When this card appears, know that a special wish you’ve made may be fulfilled in time. The Hope Card will help show you that the impossible can indeed become the possible. The force that works through your soul — determining what’s possible and the difference between success over failure, and above all, who we are — is the power of your belief.

This card serves as a reminder to use your natural ability of intuition, the language of the soul, as you reach for your goals and desires. The future can be yours when you have hope, and trust in everything you do. Soon others will be attracted and drawn to your inner light. Learn to share your experiences and lessons, for those around you will also realize that by having faith and pushing forward where one may have felt no hope at all is the key to success.

Above all, maintaining a positive attitude starting right now — this very minute — will allow your soul to soar. You’ll discover an opportunity to shine as you reach for the stars!

Traditional tarot archetype:
The Star

This card represents emotions, sensitivity, and a reminder that nothing in life is at a standstill — this is a world of constant flux, and one thing is certain: Everything changes. This card is calling you to action; the time is now when you may have to face your worst fears and look into the dark shadows of your soul. You must learn to confront what you’ve avoided and walk courageously through it. Always know that life naturally revitalizes itself and as it does, so do you.

The Shadow Card promises that there’s light at the end of the tunnel. Recognize that by no longer denying your past and letting the tears fall, you’ll discover the diamonds in the treasure chest of your soul. This is a cleansing process to wash away and clear out what was once avoided, ignored, or pushed aside.

This card indicates that this is a time when your psychic sensitivity may be quite intense. Learn to open up to it or if need be . . . to turn it down. Your body is one big psychic antenna, so just remember that you’re in control of how high or low you want the reception to be. Mother Earth can assist you in this period of change, sensitivity, and healing.

Traditional tarot archetype:
The Moon

This card reassures you that this is your time to be in the light. No matter what’s happening around you, prosperity and bliss are promised. The qualities of
this brilliant card are pleasure, happiness, contentment, growth, success, joy, and illumination. The light always brings forth new birth, a constant renewal of life. This is one of the best, if not the most positive, cards in the deck — and it’s yours.

This is now your moment to shine! The radiance from within will be there for all to see. As people become attracted to the rays of your spiritual light — and by being compassionate, generous, inspiring, and a leader — many will benefit as they feel the warmth emanating from you. Be discerning, but also be open to whatever or whomever you’re attracting, for your rays reach far and wide.

The Light Card reminds you that because of its power, nothing remains in the dark. Through its illumination, truths and certain paths before you begin to emerge and can be surely seen. Using
the energy of positive thoughts and continually thinking about
the happiest and most joyful of memories will light the path before you even more brightly and attract exactly what you’re emanating. Keep on shining!

Traditional tarot archetype:
The Sun

The qualities of this card illustrate spiritual awakening, clarity, the revelation of truth, and cosmic consciousness. At times, it takes a wake-up call to get your attention and show how far you need to go. This card comes forth to do just that. Evaluation of the past, along with the lessons that you’ve learned or still need to understand, must now be a top priority. Doing so will enable you to forgive, accept, and heal so that you can move forward in a balanced, spiritual mind-set.

The Truth Card reminds you that a significant change must be made in a certain area of your life. But don’t make any hasty decisions; take your time, for any choices or alterations must be weighed and evaluated with the most careful and wisest

of judgments. Whatever steps you take now will have far-reaching consequences — more than you’ll ever know.

Using the powers of the Universe and blending them with a little help from the physical world will assist you in bringing about clarity and a shift of awareness. What was once not obvious will now be realized and

understood. Be honest with yourself and trust what you know to be true.

Traditional tarot archetype: Judgment

You’ve come far on your journey, and it’s time to be rewarded for

your efforts. This card symbolizes completion, triumph, peace, liberation, and fulfillment. Everything you’ve strived for is within your reach — meet it halfway and grab it! The Universe is the last of the Major Arcana Cards
and reflects the work that you’ve accomplished on your travels — but more importantly, it represents the wisdom that you’ve gained along the way.

You should now honor and acknowledge the truly wonderful soul that you are, and accept the vital part that you play in the bigger scheme of life.

The world is yours to command, and you’re free to travel in whatever direction your heart desires. You’re connected to everything in the cosmos. The Universe Card is a reminder that the same energy making up the stars in the sky,
the same energy that’s coursing through the Universe, is in each and every individual. In ancient times, many believed that each star was the soul of one person. They also believed that these “souls” shined so brightly to guide others through the darkness — and so too can your wise soul.

Traditional tarot archetype:
The World

This card brings a message of beginnings, prosperity, wealth, and new business — which could

soon be in the palm of your hand. It may result from your hard work, past efforts, and investments; or
it could show up unexpectedly. It may even be presented as a gift. With careful and diligent planning, recent endeavors and moneymaking ideas show great possibilities and promises of monetary gains.

This is a time to focus on the most beneficial outcome. Expect the best and envision that project or new job having a successful result. Feel it, see it, and, most important, believe it! When you focus on abundance and the positive aspects of the material world — and offer gratitude — prosperity in all forms will flow even more freely.

This card indicates a time of movement: Significant changes and choices must be made. With

hard work, great effort, and determination, you have the ability to juggle all the demands that are in front of you. Whether they concern money, business decisions, or other projects, it’s important to stay flexible and focused. You don’t have to do it alone; reach out for the best advice and assistance. In addition, a financial union or partnership may present itself to you.

The more time you take to make these vital decisions and choices, the longer it will be before you can move toward your goals in the physical material world. The changes that are emerging aren’t some random acts or coincidences — they’re all part of a positive and larger scheme. Notice the connections with everything, as this will enable you to avoid future problems and conflicts.

A reward for a job well done is what this card represents. It’s a time of recognition for a completed project, hard work, skill, expertise, and craftsmanship. These abilities are now being honored, but don’t forget to also pay homage to yourself. Pat yourself on the back — you deserve it!

This card also comes forth to represent a family or a group of people coming together — all of whom are aiming and striving toward a common goal. Accept the help that’s being offered. More possibilities are in the works, so be sure to lay a solid foundation from your past achievements, and this will help you be ready for the next opportunity. In addition, this card is a reminder to take care of your physical body; after all, it’s what carries your soul around in this material world.

This card denotes that you have already or are currently working toward establishing a solid foundation in the material world. Using good judgment and heeding lessons from the past concerning financial matters will assist you in laying a firm groundwork; by doing so, security will have a better chance of building in the future.

The material power that’s now around you can either be an advantage or a disadvantage, depending on how you respond to it. Don’t let your current position determine who you are. Remember to give back and prime the pump of prosperity, for true spiritual and material wealth is as much about

giving as it is receiving. Seek proper investment advice and realize that you don’t have to hold on to your possessions too tightly — just be flexible and allow things to continue to flow.

This number 5 Physical Card represents changes, challenges, and losses — usually related to material or financial concerns. You may be losing some of the things around you, but you must acknowledge and know that besides existing as a physical being, you’re an incredible and resourceful spiritual entity. Use your powerful forces within to help you through this difficult period.

Everything changes for a reason, and this time isn’t meant to be a

punishment. Know that your current conditions will transform for the better. A positive question to ask yourself now is: What did I learn from this, and how can I avoid it in the future? Remember that there are lessons to be understood in

everything. It’s up to you, and you alone, to decide how long it will take for you to learn them.

The number 6 Physical Card represents a peaceful, tranquil time when problems seem to actually disappear. A sudden bonus, pay raise, or even a promotion could be in the offering — it could be expected or arrive out of the blue. This card may also signify a group that has worked and strived toward

the success of a common goal.

A time of prosperity, balance,
and harmony in your physical
and spiritual existence is showing you that the practice of giving and receiving will bring you true riches. Look into your life and see where you can spread spiritual and physical wealth. Is there a person or a favorite charity that would welcome an act of kindness right now? Practice generosity, gratitude, and compassion so that you continue to prosper in all areas of your life.

Good things come to those who wait. This card signifies the qualities of patience and letting go of control. You should now pause, rest, assess, and rethink what’s in front of you before continuing. The number
7 Physical Card reminds you to reevaluate the goals that you’re seeking, your finances, and even your relationships. Take the time to review each area one by one, for there’s no rush when you’re planning for a successful future.

As you pause during this period, notice what has worked well for you in the past — not what you or others believe to be true, but in actual positive experiences. While you’re at this reflecting stage, you can stand back and plan how you’re going to handle potentially difficult, complex decisions and situations that may arise in the future.

You’re a true artisan, for you have the craft, skills, knowledge, gifts, and talents to assist you even more to advance in a positive direction. The number 8 always denotes prosperity and abundance, but in this case, it’s your efforts that have gotten you to this point. Good for you! This card often comes forth to honor and recognize individuals who are in the fields of art, design, music, and education.

When you follow and build on your passion, the soul can truly express itself and can then assist you to move closer toward your highest good. An opportunity could suddenly come up with an offer for an apprenticeship. Notice if there are areas of passion that are trying to manifest into your world. When they arise, you’ll have ample moments to share them with others.

One of the laws of the Universe is: What you sow, you reap. This card states that this is your time to reap the harvest you’ve worked for and so rightly deserve. This last Physical Card denotes self-mastery, self-sufficiency, independence, security, and the art of enjoying what you’ve strived for. You’ve done the hard work, learned the lessons along the way, and used them to prosper in all areas of your life.

The number 9 also means endings — not that good fortune necessarily stops, but do honor yourself as you finish up or celebrate the completion of projects. This would be the perfect time to look ahead and use the wisdom you’ve gained to think about what else you want to achieve. Consider smart investments, and ponder ideas that show profitable potential. Congratulations on your success — you’ve earned it!

Your cup is about to overflow with joy, happiness, and positive feelings. This is the first of the Emotions cards and, therefore, signifies that a new “love” opportunity beckons. This doesn’t necessarily have to
be physical love, but could also represent the passion and devotion for an idea, a goal, or even a new creative endeavor. This would be a perfect time to open yourself and your heart to the higher vibrations and loving energy of the Universe.

When past issues are resolved, when forgiveness for others as well as yourself has been attained, and when your heart is truly open and ready to receive, then new roads leading you toward love will be revealed.

This card deals with relationships involving an emotional bond. It could be between new lovers, kindred souls, family members, friends, business associates, or partners; it could even relate to a project or a specific situation. This would be the perfect time to realize that all relationships are really about you! Notice when you interact with different people in your life. Are they giving you energy or taking it away? Is there an even exchange? There should be an equal balance between giving and receiving energy.

Relationships are mirror images of your own life: They reflect how you feel and treat yourself, and how you react and respond to various situations and individuals around

you. Each and every union is an opportunity for soul growth.

A time of merriment, celebration, birth, success, and victory is at hand. You’re doing what you love most and are pursuing your passion. When you follow your heart and intuition with zeal, there are no limits to what you can achieve. When the energy of excitement and love is present, you can feel it moving within
you. Somehow, love has a way of showing you that you’re connected to something much larger than yourself.

The number 3 symbolizes unity and a time to rejoice in gratitude and sharing, whether it’s with family members, friends, or even co-workers. This is the moment of fruition for all of your dedicated work — so pat yourself on the back, and party and dance in celebration of your accomplishments!

This card signifies a time when you may experience stagnation, discontent, and boredom. Feelings of restlessness and impatience surround you. A relationship, project, or situation isn’t moving forward fast enough and could be draining you emotionally and energetically.

You’re longing for change — and although one door may be closing, don’t focus all of your energy on it, as opportunity will soon knock. A window or another door could quickly open, and if your attention and awareness isn’t focused, you could easily miss it. Watch for synchronistic events that bring books, speakers, workshops, and new people into your life. Any of these could possibly hold a message for you. Have faith in divine timing, and know that everything changes for a reason. This card acts as a reminder that it’s a perfect time to reevaluate and search within your heart and soul for fresh insights.

The number 5 Emotions Card comes forth at a time when you may be experiencing or grieving a loss of someone or something you were emotionally attached to. Honor your feelings. Only by healing and loving yourself — by letting go of the past — can you continue your journey.

The suffering associated with this loss delivers profound wisdom
and knowledge for your soul. Your unique gifts, talents, and abilities (as well as your joy and sorrow) will not only make up who you really are, but better yet . . . who you will become. The painful experiences of life are equally as valuable as the joyous ones. Focus all your positive energy on the good in your life and what you’re grateful for. Use your healing energy in this way and try not to focus on what you’ve lost, for new beginnings and happiness are just around the corner.

You may find yourself walking down memory lane at this time. This nostalgic card could indicate that an old friend or acquaintance from the past may step back into your life, or it could even resurrect loving images from days gone by. Does this person; these happy, forgotten moments; or those innocent childhood memories encourage you to recall and welcome the energy of love? Is there a message or lesson from these fond recollections that

could benefit you in your present life?

The number 6 card relates to support, dedication, unity, and a need for balance in the areas of emotions and love. Your heart and soul are asking you not to dwell in the past, but use the inspiration and joy from that time to assist you in the here-and-now.

This card comes forth when you have a vision or goal that you want to achieve, but too many choices, scattered energies, and unrealistic expectations prevent you from attaining what you desire. Opportunities are bountiful, but there’s a decision to be made at this

time. This card reminds you that the options now around you may appear to have all the influence and power — but in reality, you’re in control and responsible for all the choices you make.

Take time to think, analyze, and carefully look at the different possibilities that are in front of you. Don’t be hasty just because you feel pressured; and don’t be influenced by people who have no idea, expertise, or education in the area of your choices. A focused, wise decision far outweighs one made emotionally or in desperation.

This card represents moving away or withdrawing from a current situation in your life, whether
it’s an old love, a relationship, or leaving behind what was once familiar in search of new horizons

(or beginnings). On a physical level, it’s easy to get caught up in the materialistic world, but it’s just as important to retreat from the outside world to enable you to pause, reflect, and heal. Schedule some alone time so you can commune with your soul and give the power of spirit the opportunity to restore your energy level, giving you the vitality to move forward in a positive direction.

The number 8 represents infinity, passion, control, and power. This is your time. Use this opportunity to tap into your heart and soul in order to find the courage and strength to continue your journey into that wonderful, undiscovered territory.

This card — being one, if not the most positive, of the Minor Arcana cards — represents emotional satisfaction, contentment, and enjoyment. Your wishes are coming true! Are you ready? Happiness, success, good health, completion, and accomplishment of your dreams and goals are in the palm of your hand. This card acts as a reminder to hold on to the beneficial feelings from accepting and receiving
what you’ve asked or strived for. Know that these will assist you in the future when you may need inspiration and positive energy.

This is the right time to heal those past memories that have been holding you hostage. Forgive others and yourself so that your wishes, desires, and goals have a clear, unobstructed path to your heart, soul, and life.

The first of the Mental cards signifies that new beginnings and exciting challenges may be before you. By utilizing your strength, willpower, determination, and focus, there’s the potential for you to reign triumphant in many areas of your life.

In traditional tarot, this card represents the Ace of Swords; and since a sword is double edged, it can cut through all the barriers that hold you back if it’s done constructively and with precision. Remember that there’s another side to the

blade. If you’re rash or use it in a destructive way, it could be harmful to yourself and others — always pause and think before you act. This card is a reminder to vanquish negative thoughts from your mind, strengthen and tap into your mental powers, and use clarity with control in order to initiate new ways of thinking.

This card deals with the inability to move forward, as self-doubt emerges from indecisiveness or not being able to take action with a person, group, or even a situation in your present life. It may not be an easy decision, but you’re already of aware of this. Just remember that you have the strength, courage, and power to make all the necessary considerations. When you decide to act and finally make the choices that need to be made, then and only then will a resolution be forthcoming — and with it, a sense of mental relief.

There’s assistance out there for you, so seek out and listen to wise counsel to help you make the right decisions. Listen to your intuition and have faith in yourself. Peace and harmony will soon be yours.

The meaning of this card revolves around disappointment, sorrow, and separation, which can cause upheaval and distress. It takes
all the strength you have at this moment in order to move past the pain and heal your heart. The love that has been given to another should now be focused on you. Although you might look at this card as being negative, it can act as a tremendous catalyst, encouraging you to move on.

The painful experiences of life
are just as valuable as the joyous ones. You may not appreciate that sentiment at this challenging time, but life does have a way of pushing you forward even though you may not always know the final destination. As you endure this period, learn not to dwell on the past, but use your strong mental control to deal with your emotions. Have faith in knowing that you will get through this.

This card implies that a period of rest, meditation, rejuvenation, and recuperation is in order; it usually comes forward when you’re encountering or coming out of a particularly emotional or mentally taxing experience. The number 4 in numerology means “foundation,” so this is a time to heal, to be with your soul, and to continue moving steadily forward. Allowing space just for your reflection is both needed and long overdue.

Reposing and taking moments
for yourself will give you the opportunity to look at a problem or situation instead of being in it. It’s a chance to stand back, view your life with clarity and renewed appreciation, and see where changes can be made to create a healthier and stronger foundation, enabling you to take your next step.

The number 5 Mental Card represents significant learning and change, and how you handle yourself at this time is vital to your overall well-being. This card could relate to a lack of sensitivity in taking action or in response to conditions or situations around you. This need for sensitivity could relate to you or someone else in your life. Even though a battle can be won, it’s important to evaluate the cost and pain to both parties.

Sometimes it’s best to surrender

and walk away if no answer or victory can be achieved. Don’t assign blame, become deceitful, or set out to get revenge, for this results in the negative energy becoming part of you. You are being tested on how delicately and gently you take your next step. Remember, everything in your life is an opportunity to learn and grow.

You’re about to embark on a much-needed journey to leave the past behind. This card lets you know that there’s light at the end of the tunnel, and it signifies that the time has arrived in which a difficult cycle in your life is coming to an end. In the traditional tarot, this card also implies traveling or going forward — involving crossing water or even moving abroad. Calmer waters are ahead, and with all the lessons you’ve learned from past experiences, you’re approaching this period having grown; and you’re so much stronger for it.

The healing process is under way; and now you can set your goals, desires, and objectives to secure a more positive and successful future. Because your mind is more settled and less worried, synchronistic events will bring the right conditions and introduce people into your life for your highest good.

To be forewarned is to be forearmed. This card comes at a time when individuals or conditions

aren’t what they appear to be. How well do you really know the people around you? Are they telling you everything you need to know? In business, make sure you gather all the necessary information so that you’re aware of and understand all the facts before continuing. You’ve worked hard; don’t let others take from you what is rightly yours. Unfortunately, some people may be envious of your accomplishments.

This card also represents a time of sudden and unexpected changes or when plans that you’re undertaking may not turn out exactly the way you envisioned. Have a plan B
as a fallback strategy to prevent future problems. Use this card as a reminder to be prepared — it’s better to be safe than sorry.

This card reveals that it’s actually your own fear that has you immobilized and trapped — preventing you from making decisions or choices. You are
the one who’s holding yourself prisoner (or hostage); and in order to continue your journey, you must first face your fears so that new people and conditions can manifest. Many individuals choose to stay in this place because they can’t see the road ahead, they feel a misguided sense of safety there, or they’re afraid of starting something new. But staying will only add to your levels of stress and anxiety and create adverse effects in your physical body.

Seek out wise counsel for assistance. You don’t have to do this alone, but know that you possess all of the tools that you need to free yourself — you’re forgetting how strong you really are! This period will end when you use your mind to cut through the limitations caused by your emotions.

The number 9 denotes completion. Are you finally ready to let go of those limiting, negative beliefs, or are you allowing the issues in your life to become bigger than they really are? Your mind has been doing quite a job on you lately, and even your dreams may be trying to get your attention. When you learn to let go of the worry, despair, and sense of hopelessness, a positive new way or path will be shown to you.

This card follows “Trapped in Fear,” the number 8 Mental Card; when your fears aren’t confronted, your mental anguish will continue. This is a reminder to take action and trust that your soul and the power of spirit will grasp you firmly by the hand and guide you, but you must take the first step toward healing and let go of the mental distress. Don’t suffer in silence — reach out for the help that’s available.

The first of the Spirit cards signifies that this is the time to let your soul soar! New beginnings, ideas, revelations, and exciting adventures await you in your personal or business life. Creative endeavors, enthusiasm, positive energy, and
a renewed spiritual strength are at an all-time high. The powerful force of spirit is flowing through you, and with it comes a new sense of purpose. Be all that you can be, reach inside, and tap into that force. Use it to move forward and set up a strong foundation for the future.

Other people may feel your excitement and joy and begin
to benefit from the spark of life that’s emanating from you. They’ll wonder, “What’s your secret?” and your energy could even ignite their own spiritual journey. Follow your intuition, but know that this is your time to spread your wings and fly!

This card indicates that you’ve worked hard to set things in motion in certain areas of your life, and you’re now waiting for the results to come to fruition. The number 2 is all about choice and decision. In the past, you may have been afraid of making decisions or choices, but now you’re no longer held prisoner by this fear or the constraints of old beliefs. Expect the best and be open to the limitless power of your intuition, which is presently very strong — trust and use it to assist you.

Achievement and success are assured, but once obtained, don’t let it change you — remember who you are, the effort that it took to get you to this point, and the gratitude you need to show to the people who helped you. Stay on your spiritual path, for it will continue to guide you on the journey of your soul.

The meaning of this card denotes that you’re now starting to see the fruits of your labor take seed and blossom. There may still be
a lot to do, but watch out for synchronicities, which could bring opportunities to form connections or unexpected alliances that may create something new. These could assist you in gathering resources for future projects.

With all partnerships, always remember that there has to be

an even exchange of energy. If you give too much whereas your partner gives too little, it will leave you feeling energetically drained and cause potential disharmony in the union. There must be overall balance within the alliance in order

for it to work and blend together for optimum results. This card reminds you that success comes in many forms, even from the most unlikely sources. Have an open mind when listening to others.

This card confirms that what you’ve been building is now firmly established with a strong and solid foundation. You deserve this, and it’s time for you to harvest the rewards for your efforts. What you sowed, you now can reap. Be open to receive, as you’ve worked hard and have given so much. Allow the Universe to give a little back to you, for there has to be an even exchange of giving and receiving in order to prime the pump of gratitude and reinforce the law of attraction.

Using the more traditional meaning in tarot, this card represents a period for celebration, peace, and prosperity. It may also imply a marriage or the buying of land or a new home. As you enjoy this time of relaxation that you so deserve, know that nothing remains stagnant and the winds of change are always at your door.

This card represents the obstacles, power struggles, and challenges that you must face in order to overcome them. This could be a difficult period to get through, but it’s not impossible if you open your mind and see the bigger picture of how something went wrong. Don’t get caught up in it, just pause and stand back for clarity — observe where adjustments are required or which decisions may need to be changed to enable you to move forward in a positive direction.

Life really is all about learning; don’t play the victim. Take the knowledge you’ve gained from this experience so that you can apply it to similar situations in the future. This card often comes forth when competition is around you, whether it’s in your personal or business life. This is an excellent time to think creatively and ask yourself, How can I make myself shine above all the rest?

Good news is on the way! The qualities of this positive card are completion, victory, and success that often follow a difficult period. Many people around you are very proud to see how you triumphantly came through it. They respect you and may even attempt to follow your example. You’ve worked hard and devoted much effort to get to this point in your life, where you’ve become wiser and have grown in so many ways. Always remember to stop and pat yourself on the back — you deserve it.

This card also reminds you to stay grounded, remember where you came from, and keep your ego in check — don’t lose who you really are. This victory can be used as a teaching tool for the future. Realize that if you came through this challenging time, you can achieve anything!

This card comes at a time when you’re being tested and challenged. There may be fierce competition and potential rivals surrounding you in your personal or business life, but know that you have the strength and inner courage to stand your ground, no matter how hard or formidable things may appear. Don’t surrender or give up the control you have. Be brave and stay true to your core life values and belief system, which are your best allies and will help you move forward.

It’s important to remain clear and focused, for you may have to stand alone and defend your convictions to the end. Maintain your health and stay strong so that you have an ample supply of energy to endure anything, as this could be a long and arduous yet, ultimately, hard-won victory.

This card represents speed, flight, swift movement, hope, passion, and, above all, endings to delays. The conditions around you are perfect and appear to be rapidly heading in the direction of your goals and desires. Luck is on your side, and your enthusiasm is at an all-time high. Brace yourself as you finally witness the manifestation of what

you’ve worked for and visualized.

This is a call for initiative, but you should also ask yourself: Is there anything else in my life that I need to act on now? Be wise and take

advantage of these ideal conditions. Now isn’t the time for you to fight against the river of life — trust, have faith, and go with the flow. This strong current is taking you to a positive outcome and future.

This card is coming forth to give encouragement and remind you that you have the inner strength to complete whatever you’ve been working on. This final Spirit Card represents courage, discipline, stability, and persistence. You may be tired or weary from the struggle, but now is not the time to give in. Instead, tap into all of your inner reserves for that one final push to achieve the desired outcome.

You’ve been through so much to get to this point; and even though you may have acquired some scars from the battle, you’re wiser and stronger for it. The enlightenment you’ve gained will be an invaluable resource. You may also notice that you’re experimenting with different things in your life at this time — all of these experiences feed your spirit and offer you knowledge for the future.

Key Facts

Color: Red
Sound: Lam Element: Earth Gland: Adrenal

Key Words: “I have”

Known as the Base or Root Chakra, this energy center is situated at the base of the spine and is most closely related to all of your earthly issues, such as survival, the physical body, issues of money, sustenance, safety, and shelter.

To balance this chakra, practicing yoga can be extremely beneficial. Dancing or light physical exercise will also help keep the energy flowing and harmonious. Honoring your body and taking care of it on the outside will bring you well-being on the inside. It works both ways!

Key Facts

Color: Orange
Sound: Vam Element: Water

Glands: Testicles, Ovaries

Key Words: “I want”

Known as the Sacral Chakra, the second chakra is located two fingers below your navel and relates to emotions, desires, creativity, and sexuality.

To keep this chakra balanced and its energy flowing, try dancing
— moving your hips and lower abdomen. Use a color meditation, and practice yoga. Express your sexuality and nurture yourself; and remember, you do matter!

Key Facts

Color: Yellow Sound: Ram Element: Fire

Glands: Pancreas, Adrenal

Key Words: “I can”

The Solar Plexus Chakra is located between the navel area, just below the rib cage. It represents power, vitality, willpower, self-esteem, and confidence.

The energy center where your emotions and feelings are recorded, this chakra is associated with clairsentience (inner feeling), which is the major psychic reception area.

To balance the chakra, you may want to try yoga, dance and movement, or breath work with color. In addition, be aware of people who drain your energy. Workshops and classes that focus on empowerment will help you open and harmonize this area.

Key Facts

Color: Green
Sound: Yam
Element: Air

Gland: Thymus
Key Words: “I love”

Parallel to the heart, this chakra represents unconditional love, compassion, harmony, relationships, and healing. It’s believed to be the link between your mind, body, and soul.

Balancing this area may take a while, but you should allow all the time that you need so the healing energy can get through and flow freely.
By loving yourself and others — as well as learning forgiveness — you’ll become more attuned with spirit.

Key Facts

Color: Light Blue
Sound: Ham Element: Sound

Gland: Thyroid
Key Words: “I speak”

This chakra is, of course, located in the throat area. Communication, sound, creativity, and the ability of clairaudience (inner hearing) are associated with it. Many artists, speakers, writers, singers, and individuals involved in the creative arts will often have active Throat Chakras.

To balance and stimulate this energy center, try humming, chanting,
or singing out loud — it’s a great tonic. Most important, if you have something to say, please speak up! When this area is fully activated, don’t be surprised if you suddenly become creatively inspired.

Key Facts

Color: Indigo Sound: Om

Element: Light
Gland: Pituitary
Key Words: “I see”

This is the most often talked vabout of all the chakras; and clairvoyance (inner seeing), intuition, and higher levels of consciousness are all

associated with this energy center. Found between your eyebrows and just above the bridge of your nose, it works closely with the Throat and Crown chakras and will assist you with your psychic and intuitive inner guidance.

To balance the Third Eye Chakra,
I recommend that you practice walking meditations, breath work, yoga, tai chi, visualizations, and color therapy. Don’t just focus on this one chakra as part of your development, as it’s important to remember that they should all be in balance in order to work in unison

and harmony.

Key Facts

Color: Violet

Sound: None,
or Om can be used

Element: Thought
Gland: Pineal

Key Words: “I can”

The Crown Chakra is located at the top of the head and has been called “The Thousand-Petaled Lotus” or

“The Receiver of Light.” This chakra is the center of your link with the Universe, the Infinite, and your higher consciousness — it’s the connection between wisdom and

spiritual insight. The crown center is the area where ethereal light and energy are received and then dispersed throughout your aura for total well-being.

To balance this chakra, I find that meditation, breath work, yoga, spiritual healing, acupuncture, and color therapy work best. When properly aligned, your Crown Chakra will expand to a point where it’s possible to access and tap into the deepest sources of wisdom.