



Heart Rate

May 2022

Average

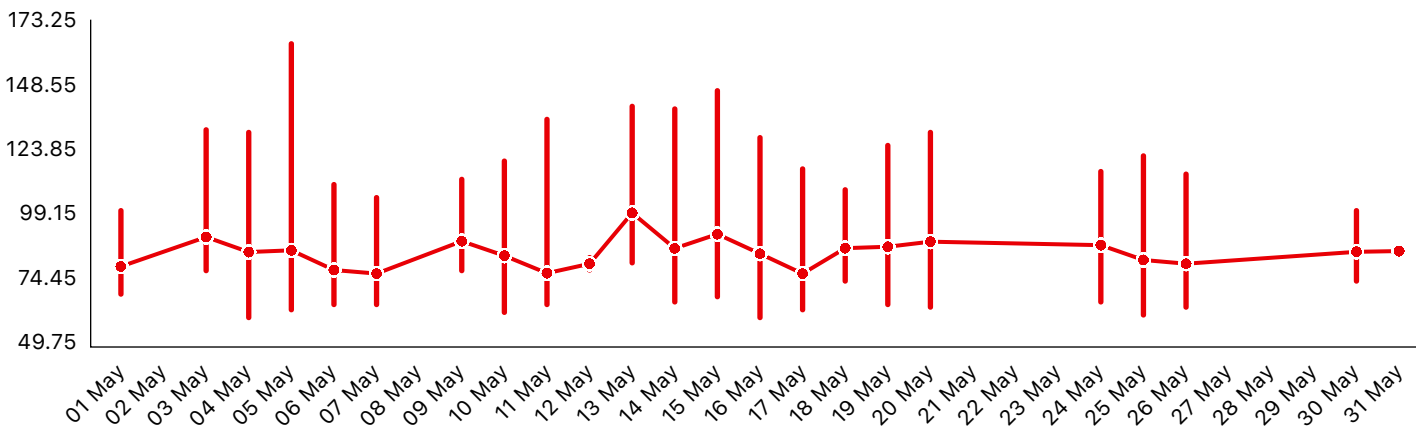
83.84 bpm

Minimum

75.84 bpm

Maximum

99.12 bpm



April 2022

Average

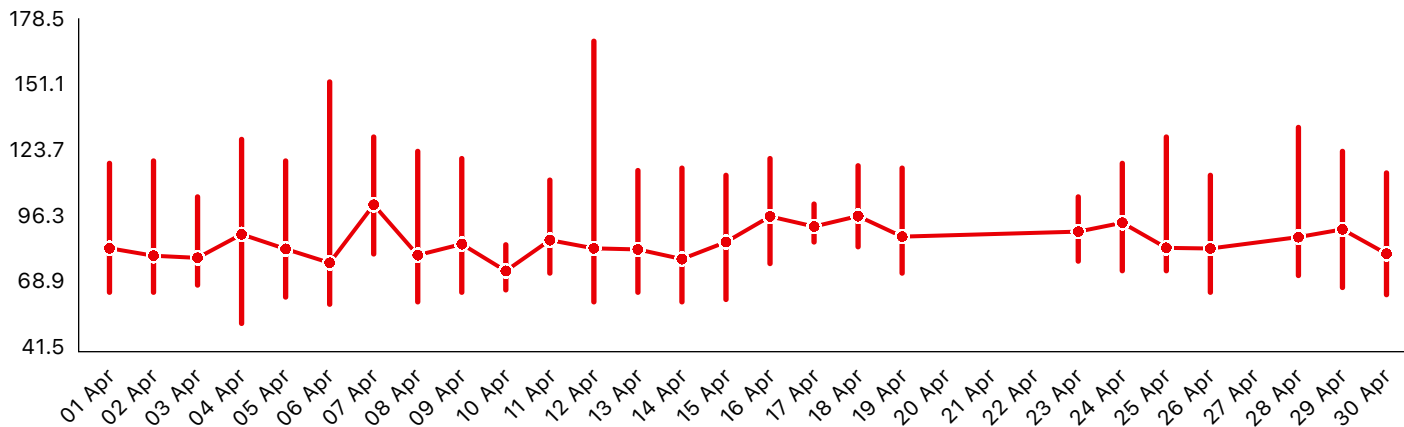
85.13 bpm

Minimum

72.98 bpm

Maximum

100.61 bpm



Date	Avg. Heart Rate
01/01/22	94.71 bpm
02/01/22	87.71 bpm
03/01/22	88.15 bpm
04/01/22	85.5 bpm
05/01/22	86.58 bpm
06/01/22	85.78 bpm
07/01/22	88.22 bpm
08/01/22	84.65 bpm
09/01/22	92.9 bpm
10/01/22	83.44 bpm
11/01/22	81.72 bpm
12/01/22	84.06 bpm
13/01/22	91.88 bpm
14/01/22	95.92 bpm
15/01/22	N/A
16/01/22	N/A
17/01/22	80.72 bpm
18/01/22	82.16 bpm
19/01/22	82.34 bpm
20/01/22	90.18 bpm
21/01/22	90.16 bpm
22/01/22	78.49 bpm
23/01/22	88.39 bpm
24/01/22	90.23 bpm
25/01/22	81.3 bpm
26/01/22	82.49 bpm

Date	Avg. Heart Rate
27/01/22	78.25 bpm
28/01/22	79.91 bpm
29/01/22	83.64 bpm
30/01/22	N/A
31/01/22	94.77 bpm
01/02/22	93.31 bpm
02/02/22	93.71 bpm
03/02/22	85.76 bpm
04/02/22	83.21 bpm
05/02/22	93.55 bpm
06/02/22	85.92 bpm
07/02/22	82.98 bpm
08/02/22	84.78 bpm
09/02/22	86.25 bpm
10/02/22	86.54 bpm
11/02/22	87.34 bpm
12/02/22	90.77 bpm
13/02/22	94.46 bpm
14/02/22	N/A
15/02/22	77.34 bpm
16/02/22	81.97 bpm
17/02/22	76.98 bpm
18/02/22	85.36 bpm
19/02/22	97.25 bpm
20/02/22	77.14 bpm
21/02/22	77.05 bpm

Date	Avg. Heart Rate
22/02/22	81.34 bpm
23/02/22	93.44 bpm
24/02/22	82.91 bpm
25/02/22	92.09 bpm
26/02/22	87.78 bpm
27/02/22	82.34 bpm
28/02/22	77.45 bpm
01/03/22	83.43 bpm
02/03/22	82.98 bpm
03/03/22	75.35 bpm
04/03/22	79.56 bpm
05/03/22	86.4 bpm
06/03/22	91.85 bpm
07/03/22	81.31 bpm
08/03/22	81.68 bpm
09/03/22	88.82 bpm
10/03/22	76.34 bpm
11/03/22	83.21 bpm
12/03/22	86.79 bpm
13/03/22	85.59 bpm
14/03/22	80.7 bpm
15/03/22	89.21 bpm
16/03/22	83.31 bpm
17/03/22	90.49 bpm
18/03/22	73.18 bpm
19/03/22	80 bpm

Date	Avg. Heart Rate
20/03/22	N/A
21/03/22	79.65 bpm
22/03/22	81 bpm
23/03/22	82.15 bpm
24/03/22	85.37 bpm
25/03/22	79.22 bpm
26/03/22	75.86 bpm
27/03/22	77.71 bpm
28/03/22	77.23 bpm
29/03/22	80.92 bpm
30/03/22	83.06 bpm
31/03/22	81.9 bpm
01/04/22	82.47 bpm
02/04/22	79.34 bpm
03/04/22	78.45 bpm
04/04/22	88.29 bpm
05/04/22	82.16 bpm
06/04/22	76.37 bpm
07/04/22	100.61 bpm
08/04/22	79.59 bpm
09/04/22	84.21 bpm
10/04/22	72.98 bpm
11/04/22	85.85 bpm
12/04/22	82.43 bpm
13/04/22	81.97 bpm
14/04/22	77.96 bpm

Date	Avg. Heart Rate
15/04/22	85.07 bpm
16/04/22	95.75 bpm
17/04/22	91.54 bpm
18/04/22	95.9 bpm
19/04/22	87.32 bpm
20/04/22	N/A
21/04/22	N/A
22/04/22	N/A
23/04/22	89.41 bpm
24/04/22	93.11 bpm
25/04/22	82.63 bpm
26/04/22	82.36 bpm
27/04/22	N/A
28/04/22	87.13 bpm
29/04/22	90.35 bpm
30/04/22	80.14 bpm
01/05/22	78.59 bpm
02/05/22	N/A
03/05/22	89.9 bpm
04/05/22	84.13 bpm
05/05/22	84.79 bpm
06/05/22	77.23 bpm
07/05/22	75.86 bpm
08/05/22	N/A
09/05/22	88.29 bpm
10/05/22	82.72 bpm

Date	Avg. Heart Rate
11/05/22	76.02 bpm
12/05/22	79.61 bpm
13/05/22	99.12 bpm
14/05/22	85.54 bpm
15/05/22	91 bpm
16/05/22	83.49 bpm
17/05/22	75.84 bpm
18/05/22	85.61 bpm
19/05/22	86.16 bpm
20/05/22	88.1 bpm
21/05/22	N/A
22/05/22	N/A
23/05/22	N/A
24/05/22	86.77 bpm
25/05/22	81.08 bpm
26/05/22	79.66 bpm
27/05/22	N/A
28/05/22	N/A
29/05/22	N/A
30/05/22	84.21 bpm
31/05/22	84.5 bpm
01/06/22	90.45 bpm
02/06/22	83.08 bpm
03/06/22	79.58 bpm
04/06/22	85.51 bpm
05/06/22	67.73 bpm

Date	Avg. Heart Rate
06/06/22	N/A
07/06/22	81.05 bpm
08/06/22	82.3 bpm
09/06/22	83.61 bpm
10/06/22	86.37 bpm
11/06/22	91.87 bpm
12/06/22	N/A
13/06/22	83.35 bpm
14/06/22	83.79 bpm
15/06/22	81.17 bpm
16/06/22	78.01 bpm
17/06/22	85.13 bpm
18/06/22	76.77 bpm
19/06/22	N/A
20/06/22	N/A
21/06/22	92.48 bpm
22/06/22	90.39 bpm
23/06/22	83.79 bpm
24/06/22	78.91 bpm
25/06/22	75.71 bpm
26/06/22	84.44 bpm
27/06/22	75.66 bpm
28/06/22	81.2 bpm
29/06/22	87.45 bpm
30/06/22	76.58 bpm
01/07/22	84.75 bpm

Date	Avg. Heart Rate
02/07/22	68.72 bpm
03/07/22	N/A
04/07/22	79.57 bpm
05/07/22	78.8 bpm
06/07/22	81.14 bpm
07/07/22	79.23 bpm
08/07/22	83.46 bpm
09/07/22	80.72 bpm
10/07/22	83.2 bpm
11/07/22	72.56 bpm
12/07/22	80.51 bpm
13/07/22	78.25 bpm
14/07/22	77.77 bpm
15/07/22	85.67 bpm
16/07/22	77.24 bpm
17/07/22	66.28 bpm
18/07/22	N/A
19/07/22	93.15 bpm
20/07/22	75.76 bpm
21/07/22	90.65 bpm
22/07/22	77.19 bpm



May 2022

Average

4,625

Minimum

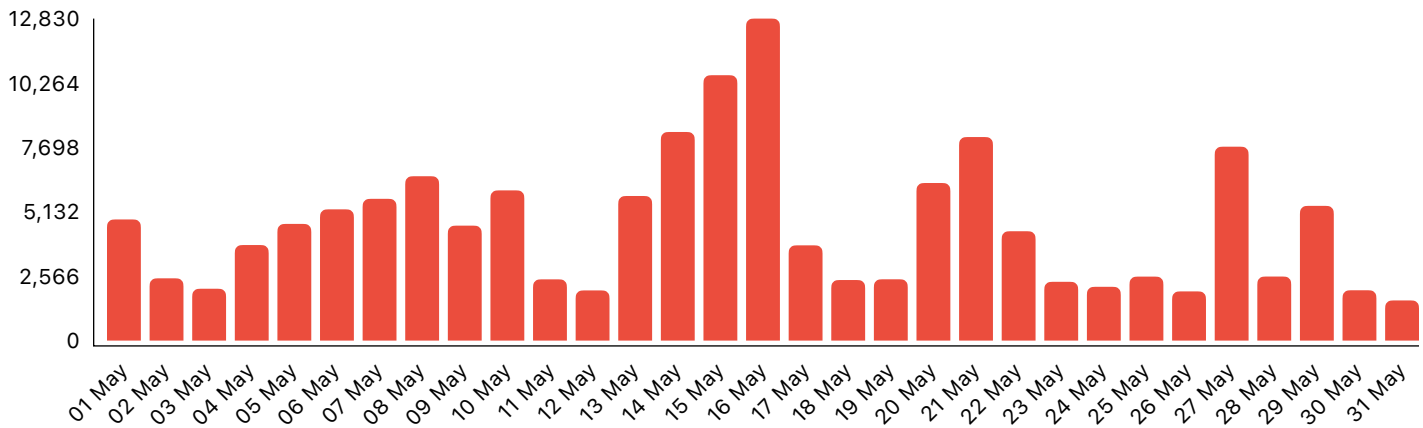
1,600

Maximum

12,830

Total

1,43,379



April 2022

Average

5,111

Minimum

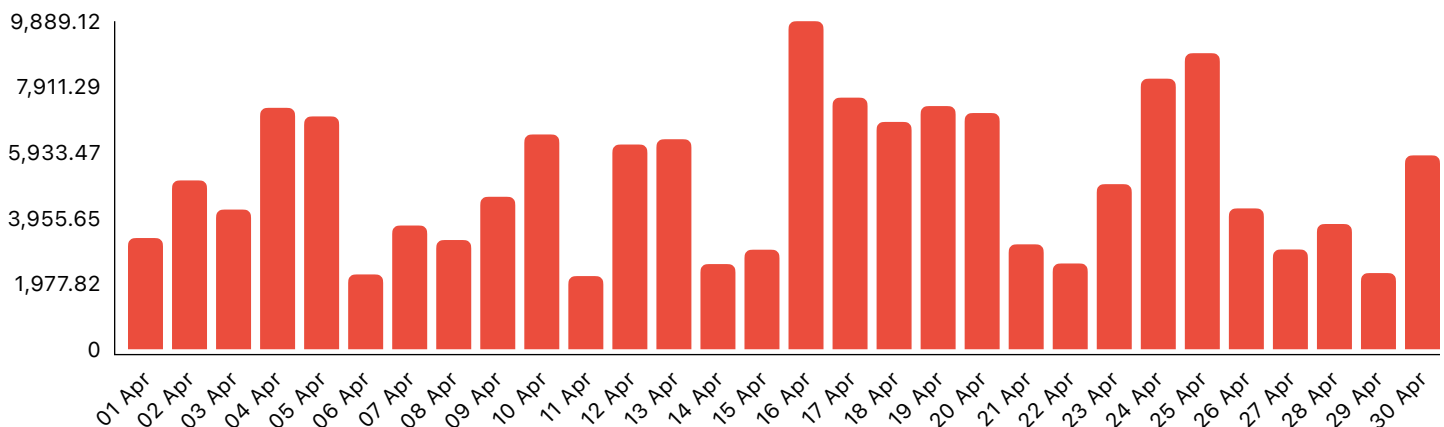
2,206

Maximum

9,889

Total

1,53,339



Date	Summary
01/01/22	4,748
02/01/22	5,032
03/01/22	4,582
04/01/22	2,842
05/01/22	5,403
06/01/22	3,234
07/01/22	3,011
08/01/22	3,499
09/01/22	4,365
10/01/22	2,056
11/01/22	2,990
12/01/22	3,675
13/01/22	6,055
14/01/22	10,665
15/01/22	6,351
16/01/22	3,928
17/01/22	1,799
18/01/22	2,076
19/01/22	2,453
20/01/22	6,870
21/01/22	8,106
22/01/22	3,587
23/01/22	5,599
24/01/22	4,605
25/01/22	2,735
26/01/22	3,796

Date	Summary
27/01/22	1,580
28/01/22	1,995
29/01/22	4,892
30/01/22	13,036
31/01/22	3,521
01/02/22	6,023
02/02/22	5,427
03/02/22	3,730
04/02/22	3,038
05/02/22	7,071
06/02/22	8,896
07/02/22	2,287
08/02/22	3,624
09/02/22	3,715
10/02/22	3,992
11/02/22	3,183
12/02/22	4,191
13/02/22	4,771
14/02/22	1,752
15/02/22	2,808
16/02/22	4,369
17/02/22	1,663
18/02/22	4,729
19/02/22	6,782
20/02/22	6,207
21/02/22	6,061

Date	Summary
22/02/22	6,255
23/02/22	5,615
24/02/22	6,112
25/02/22	7,554
26/02/22	8,164
27/02/22	6,369
28/02/22	1,677
01/03/22	5,075
02/03/22	7,267
03/03/22	4,647
04/03/22	2,502
05/03/22	5,352
06/03/22	5,684
07/03/22	1,973
08/03/22	4,173
09/03/22	2,876
10/03/22	2,873
11/03/22	6,080
12/03/22	5,050
13/03/22	7,971
14/03/22	4,228
15/03/22	4,873
16/03/22	7,143
17/03/22	6,019
18/03/22	4,802
19/03/22	4,767

Date	Summary
20/03/22	8,887
21/03/22	2,659
22/03/22	4,342
23/03/22	4,479
24/03/22	3,186
25/03/22	4,971
26/03/22	3,328
27/03/22	7,627
28/03/22	9,088
29/03/22	8,767
30/03/22	7,226
31/03/22	3,897
01/04/22	3,353
02/04/22	5,090
03/04/22	4,211
04/04/22	7,278
05/04/22	7,019
06/04/22	2,256
07/04/22	3,730
08/04/22	3,293
09/04/22	4,597
10/04/22	6,475
11/04/22	2,206
12/04/22	6,172
13/04/22	6,331
14/04/22	2,568

Date	Summary
15/04/22	3,001
16/04/22	9,889
17/04/22	7,585
18/04/22	6,853
19/04/22	7,331
20/04/22	7,121
21/04/22	3,163
22/04/22	2,586
23/04/22	4,977
24/04/22	8,157
25/04/22	8,925
26/04/22	4,246
27/04/22	3,008
28/04/22	3,776
29/04/22	2,297
30/04/22	5,845
01/05/22	4,827
02/05/22	2,481
03/05/22	2,066
04/05/22	3,807
05/05/22	4,649
06/05/22	5,229
07/05/22	5,649
08/05/22	6,549
09/05/22	4,580
10/05/22	5,985

Date	Summary
11/05/22	2,440
12/05/22	1,999
13/05/22	5,761
14/05/22	8,312
15/05/22	10,574
16/05/22	12,830
17/05/22	3,795
18/05/22	2,413
19/05/22	2,442
20/05/22	6,279
21/05/22	8,110
22/05/22	4,357
23/05/22	2,342
24/05/22	2,143
25/05/22	2,550
26/05/22	1,960
27/05/22	7,726
28/05/22	2,552
29/05/22	5,368
30/05/22	2,005
31/05/22	1,600
01/06/22	4,444
02/06/22	5,602
03/06/22	2,351
04/06/22	4,145
05/06/22	4,458

Date	Summary
06/06/22	1,705
07/06/22	2,965
08/06/22	3,890
09/06/22	4,399
10/06/22	4,906
11/06/22	2,116
12/06/22	4,658
13/06/22	2,998
14/06/22	7,584
15/06/22	3,680
16/06/22	3,471
17/06/22	7,206
18/06/22	6,678
19/06/22	4,714
20/06/22	2,242
21/06/22	2,974
22/06/22	5,848
23/06/22	4,515
24/06/22	2,693
25/06/22	3,647
26/06/22	7,931
27/06/22	1,319
28/06/22	4,696
29/06/22	2,220
30/06/22	3,629
01/07/22	3,132

Date	Summary
02/07/22	3,569
03/07/22	4,956
04/07/22	1,122
05/07/22	4,007
06/07/22	3,635
07/07/22	4,729
08/07/22	11,283
09/07/22	2,456
10/07/22	5,898
11/07/22	1,703
12/07/22	1,702
13/07/22	2,459
14/07/22	3,233
15/07/22	4,606
16/07/22	2,974
17/07/22	5,723
18/07/22	1,404
19/07/22	4,792
20/07/22	1,981
21/07/22	2,795
22/07/22	1,506